

# Humanitarian Aid

Contributed by Administrator  
 Wednesday, 22 July 2009  
 Last Updated Thursday, 02 September 2010

## August

We recieved requests for vitamin B which has been filled and mailed to Cuba.

### Letter from Cuba

My dear brother Manuel Alvarez. SAC. -.

Brother Manuel. For this and having no other way I would ask you, through you, then you get the following to Brother Nelson King of the Valleys of Canada.

V. Brother Nelson King. Before setting out the reasons for this, I want to extend my wishes for your health: and in another case I want to convey my deepest appreciation for the injection syringes for diabetics you has sent me, I was greatly surprised the extraordinary quality of these needles that penetrate the skin in a effortless virtually. I can now inject insulin without the hassle caused by old ones, I repeat many, thank you very much for your attention and also get through me the appreciation of the VH Cesar bispo by needles and others that received almost in unison with mine.

Ernesto T. Pina Alonso. -. 33. -.

## July

During July we sent a large number of parcels to Cuba and we have received thank you letters for those,which included the water purification tables and over the counter drugs and even prescription drugs. Yesterday we recieved a request for large syringes for Vitamin B injections. Dr. Newberry is going to order them for us. I personally sent shampoo to the ladies of the Brothers with whom I deal, as shampoo is not available in Cuba.

## June

We have just purchased 14,000 water purification tablets [Aquatabs] [each tablet purifies 20 liters of water.] We should have them some time this week and then we will start to mail them to Cuba

Our thanks to Astrid and Doug Graham of Friends of Ostomates Worldwide - Canada <http://www.ostomycanada.ca/fow> For their generous donation. The products they have donated have all been mailed to Cuba.

Once again Thank you.

I mailed 3 parcels of mixed meds to Santiago de Cuba. Tomorrow I have 7 parcels of medical dressings to be mailed

MayResp Lodge Sons of ConciliacionFounded on Nov 10, 1994Member of the GRAND UNITED LODGE OF THE ANTILLES OF OLD, FREE AND ACCEPTED MASONTO THE GLORY OF THE GREAT ARCHITEC OF THE UNIVERSEDear Brother Nelson King:Dear Brother ; we want to convey to you, by means of this letter, the gratitude of our Lodge, for the beautiful actions, that you helping our brothers of the Lodge of Madruga, Cuba. I would you to know that with this spontaneous action in your part, we feel proud of having brothers like you in our institutions.Strenghten the great chain of the Mansonry, is one of the principal duties of each mason, and you Brother Nelson are a vivid example of that.Receive Brother Nelson a TAF and our hopes that the GADU, fill you with light, in order to continue with your beautiful and charitable work.Given in Miami, Florida on April 28, 2010Health, Power and UnityGregorio Gonzalez Eugenio Salgado,VM Secretary

I have been delinquent in reporting to you since the Month of March. I have been involved with hospitals and doctors. However I must report that we have sent out a large number of parcels and have reports back that they have been

received. I must thank Dr. Newbery for his generous donation of medicines. Once again I am sorry that I have not kept you all up to date.

March

Our thanks to the All-Canadian Conference of Grand Masters and Grand Secretary's for their donation to MRFC

Mar 23

Ellen and I purchased \$350.00+ worth of Acetaminophen and Multivitamins.

A.:L.:G.:D.:G.:A.:D.:U.:  
Respetable y Meritoria Logia &ldquo;Redención&rdquo;  
Ave 27 # 1801 e/ 18 y 20  
JARUCO, CP 32800, La Habana, Cuba.

Jaruco 3, de Marzo, del 2010.

Hno.: Nelson King  
MRFC  
Canadá

Muy querido Hno.: Nelson:

Cumpliendo acuerdo de nuestra Logia, tenemos a bien dirigirnos a usted para agradecerle el envío de medicamentos a nuestra Logia.

Hemos recibido por medio de la Aduana de la República, un libro de literatura Masónica, de gran interés para los Hermanos, sobre todo los jóvenes y un equipo de tomar presión, El resto de los medicamentos, tras varios viajes a La Habana (6) y soportar una serie de trámites burocráticos, aún no se han podido recoger, según se nos ha dicho, son tres facturas diferentes.

Queremos señalar que por correo certificado se recibió un paquete enviado directamente a la Logia, conteniendo dos pomos de multivitaminas de 365 tabletas cada una y un pomo de Acetaminopaene de 500 tabletas, que ya le hemos enviado acuse recibo por este envío recibido.

Tan pronto tengamos nuevas noticias de lo que esta aún pendiente por entregarnos se lo haremos saber. Los medicamentos recibidos están bajo el control de la Logia y los tres médicos miembros de la misma, serán los encargados de hacerlos llegar al que lo necesite.

Gracias, muchas gracias querido Hermano.: Nelson por tan noble y fraternal gesto.

De Uds. con fraternal afecto, no sin antes reiterarles nuestro saludo,

Fraternalmente,

Jesús A Ramos Esponda  
Venerable Maestro

Juan V. Díaz Gil  
Secretario.

(enviado por correo electrónico)  
Vía Hno.: Hector de la Noval)

T.T.G.O.TG.A.O.T.U  
Respectable and Meritorious Lodge "Redencion"  
Ave 27 # 1801 e/ 18 y 20  
JARUCO, CP 32800, La Habana, Cuba

Jaruco, March 3, 2010

Bro. Nelson King  
MRFC  
Canada

My dear Bro. Nelson,

Following an agreement of our Lodge, we are happy to address you to thank you for sending medicines to our Lodge.

We have received through the Customs of the Republic, a book of Masonic literature of great interest for the Brethren, above all the young ones, and an instrument to measure pressure. The rest of the medicines, after several trips to La Habana (6) and undergoing a series of bureaucratic negotiations, it still has been impossible to collect them, as we were informed, there are three different invoices.

We would like to point out that a package was received by registered mail, sent directly to the Lodge, containing two bottles of multivitamins, each with 365 tablets, and a bottle of Acetaminopaene [sic] with 500 tablets, which we have already sent you an acknowledgment of receipt for this shipment.

As soon as we have news about what is still pending to be delivered we shall let you know. The medicines received are under control of the Lodge and the three Doctors members of the Lodge will be entrusted with dispensing them to whoever needs them.

Thank you, thank you very much Dear Brother Nelson for such a noble and fraternal gesture.

Yours with fraternal affection, not without first reiterating our good wishes,

Fraternally,

Jesús A. Ramos Esponda    Juan V. Díaz Gil  
Worshipful Master    Secretary

Mar 10

Dear brethren Nelson and Jose María:

Thank you Nelson,  
Thank you Jose Maria

I have consulted with my ophthalmologist he said it is ok and now I am using the eye drops. it is going well for me and there is not secondary effects so far. I have read the prospectus and it says that it was proven specially in black persons as me.

Last mesure of the eye presure was 30 and after using the eye drop it was 20, the doctor says if the presure is going down and stable I will not need the surgery. You know I will need it for ever

Thanks in advance for the next shipment

TAF

Néstor Mena Díaz

Note: Nelson, the last sunday of this month is the Cuban Masonic High Camera I need a brief resume of your health in order to read it there

Mar 8

The requested itesms in the letter below have been mailed to Cuba

Mar 2

Havana City, January 6, 2010

Masonic Relief for Cuba  
2 Knokbolt Crescent  
Toronto Ontario Canada MLS2P6

Dear Brethren,

From Cuba, MM Manuel Arteaga Gonzalez is writing to you.

May these first lines express great wishes for happiness and health to all Masonic brothers. This is to sincerely thank the

medicines that were sent to me. My treatment requires fundamentally vitamins and minerals (Centrum), since I must keep them during a long time, but this must be accompanied by Vitamin E (tablets) and Vitamin C, by prescription of the neurologist who is treating me and which I am lacking at this time. I am diabetic M2 (insulin dependant) and I am suffering of diabetic neuropathology which has affected my eyesight and motor capacity (legs). Thanks God I feel no pain despite my 80 years of age.

I am enclosing the Cultural Sheet "Grain of Sand" which I edit monthly for my mother lodge "Hispano-American Union"; I hope it pleases the brothers who read it. With hope and faith that my request may have a favorable result, I am at your service,

MM Manuel Arteaga Gonzalez  
Past Worshipful Master

N.B. I had the opportunity of some friends to send this letter from the US, trying to save time; unfortunately I do not have an electronic mail through which this communication would have been easier. I do not have mail but I can have access to public services.

My private address is:

Manuel Arteaga Gonzalez  
Calzada de Luyanó #617  
e/ Juan Alonso y Teresa Blanco  
Ciudad de la Habana, Cuba

February

Feb 27 Dear brother Nelson, We are greeting you and the wonderful family of yours. Besides, give our best wishes to all brethren. I am having a little rest after the Aniversary 150 year-Grand Lodge celebration. It was a great success. But, nowadays, I am starting office work again; I am getting the next masonic communication ready. It is scheduled for march, so, the secretary is always working. My nice brothers can help too. We are altogether. We also think about you much. We are thinking you will get over and Grand Architect and modern scientists will do a marvellous work, giving you optimism and better health finally. We are very close to you. We are never forgetting you in our masonic meetings. Many brothers are wanting to meet you here. Godisblessings surrounding al of you. Looking forward to hearing from you soon. William Rojas Aguilar  
Grand Secretary  
Grand Lodge of Cuba

Feb 26

E-mail from Cuba

Dear Nelson, it it not a good mail for me. Yesterday I went to a doctor and He said I have a severe glaucoma. i need urgently, he said in a month, some medicine but I tried to get it one in Cuba but there isn't any. He said I need it one to decrease the presure of the eyes if not I need a surgery but it is not sure that will be ok for ever. I am very worried to be a blind man.

The medicine are any of those ones:

Generic: latanoprost, travaprost, trabatan, rescula

Comercial: dorzolamida, brinzolamida

¿Would you help me?

TAF,

Néstor

I am pleased to report that my Dear Brother Jose Maria in Costa Rica has purchased the drops need and they have been mailed to Cuba

Feb 8

I have just mailed 8 packages to Cuba, to the country lodges.

and have another note from Cuba

Great, Thanks. I want to tell you that the brothers from the Lodge of GuanabaCOA, want to thank you for the quality of the stethoscope and the pressure reader, the doctor say is well advanced, they have not seen other equal ever. The doctor is very impress. The package with the medicaments, they are still trying to get, they say they have a good chance to get it. Thanks.

#### Letter From Cuba

Bro. Nelson King,

The brothers of Lodge Modestia, belonging to the Grand Lodge of Cuba, we are thankful for all your help, which has contributed to alleviate our sick brethren, not only of Modestia, but brethren from all Cuba, where you have continued alleviating the Masonic family.

We received a Christmas postcard, thank you very much, may the Grand Architect of the Universe, this power who gives us faith and hope to continue living, forever illuminate your family with much health, you in particular.

Only recognizing the work you do makes us understand the spiritual worth found in the details, we wish you and your family much happiness during the rest of your life, may good health and peace always accompany you, in the Home man feels the best it is the family where God uses the human being to make his feelings stronger, where true peace begins, because the family is the principal government of humanity, as long as the family is not united the peoples will not have peace.

If no New Year card accompanies this letter it's because they are not printed in Cuba.

Allow me to tell you, that your example of fraternity leads us to remember a thought of Jose Marti, very appropriate for true Masons:

"The family bonded by the similarity of souls is stronger, and I love it better that the family bonded by the community of blood".

Fraternal regards to you and Family and other Brethren.

Signed

Jose Ramon Martinez Marin

Worshipful Master Lodge Modestia

Deputy of the Ciego de Avila District

January

Jan 30

Just had a request for a blood tester. Which I will mail on Monday. A Cuban friend in Miami will send the test strips. On friday I mailed the some of the Stethoscopes and blood pressure machine.

Jan 27 I just picked up 6 more stethoscopes at cost of over 550.00. These will be mailed out most likely next week as I have more tests to be done this week at Toronto General Hospital. ¡Un Triple Abrazo Fraternal para todos!

Jan 15 Today I ordered 6 more Littmann Stethoscopes Classic II S.E. and 4 more Aneroid SphygmomanometerPalm Model, Adult. I wanted 6 but 4 was all they had.

Jan 14

Letter from Cuba

TRANSLATION I WILL BE SENDING YOU THE ORIGINAL IN SPANISH

Dear Brother Nelson:

This letter to thank you this powerful , human gesture that you have have with the Lodge Conciliación of Madruga by sending this shipment of medicines, which we did not knew who was sending, only coming from Canada. We felt very happy when brother Manuel Alvarez of Miami, that the package was sent by you to Cuba.

I want to let you know that our Lodge has 6 brothers doctors in Medicine and two registered male nurses, and these medicines will be shared with our 216 members in the area (there are 3 masonic lodges in the Madruga area) and we help each other, and share everything.

I would like to send you our telephone number (53) 814429. We work on Mondays and we will be very happy if you can call us some day.

My name is Hno. Gonzalo Cartaya and I am the spiritual father of the Lodge Conciliación de Madruga, and I have been in the order for the last 45 years,working the same way you do it in Canada.

I say good bye with a fraternal embrace; Gonzalo Cartaya.

This is a very liberal translation, since a lot of the letter is written in an old form, the most sincere form.

I will send you the original.

Congrats, Mannysr

Jan 11 I have prepared 7 parcels to be sent to Lodges in Cuba. They contain multi-vitamins and ASA. They will be sent in the morning.

December

Dec 3

We just purchased over \$400.00 worth of vitamens which we shall ship over the next little while.

I just mailed two more parcels of pain killers to Cuba and Jose Maria is getting an asked for prescription filled. Also mailing some Spanish Masonic Books to them.

November

November 24

I recieved the following message from Cuba:

I want to tell you that the brothers from the Lodge of Guanaba, want to thank you for the quality of the stetoscope and the pressure reader, the doctor say is well advanced, they have not seen other equal ever. The doctor is very impress.

Our list of lodges and individuals that we are giving aid to continues to grow. We have today added 2 more "country" Lodges. As usual these lodges have medical committees with Doctors who are members. Those listed as individuals are actually contacts for Lodges. We have now mailed 5 Stethoscopes and Sphygmomanaters to new lodges that we have added. And we are filling request for individual's prescriptions. Any help you can give would be appreciated.

William Rojas Aguilar  
Grand Secretary  
Grand Lodge of CUBA  
Ave. Salvador Allende 508  
Apartado 3080  
La Habana 3  
C.P. 10300 CUBA

Logia Modestia  
Libertad 101 oeste  
cp 65100 Apto. 27  
Ciego de Avila , CUBA

Logia Humanidad  
Luciano De Moya  
Calle 10 # 303  
Entre A. Alpredo Zayas y Mendieta  
Rpto. Sta. Barbara  
Santiago de CUBA, CUBA C.P 90300

Néstor Mena Díaz  
Sitios 307 apartamento #3 entre Escobar y División  
Código postal 10200  
Municipio Centro Habana,  
Ciudad Habana CUBA

Jorge Andres Prado Gonzalez  
CUBA # 159 e/ Marti y Onelio Hernandez  
c.p. 65400  
Ciego de Avila CUBA

Manuel Arteaga Gonzalez  
Calzada de Luyano # 617 entre Teresa Blanco y Juan Alonso  
CP-10700, Municipio del 10 de Octubre  
Ciudad de la Habana, CUBA

Arnaldo A. Gonzalez Padron  
Calle 62 #3515 e/ 35 y 37  
San Antonio de los Banns  
Codigo Postal 32500  
La Habana, CUBA

Logia Céspedes  
Calle Céspedes # 320, Altos, entre Aranguren Y Jerez,  
municipio Cárdenas,  
provincia Matanzas.42110 CUBA

R.L. Aurelio Miranda Alvarez  
Fernando Fuero # 14 entre Raoul Suarez y Pepe Antonio,  
Guanabacoa. Municipio Guanabacoa,  
Ciudad Habana CP 1110 CUBA

R.L. Redencion  
Avenida 27 # 1801 entre 18 y 20 Jaruco  
Municipio de Jaruco  
Prov Habana, CP32800  
Gracias de Nuevo CUBA

Gerardo Cartaya  
Ave 33, No 2614  
entre 26 y 28  
Madrugá, Provincia Habana CUBA.

Resp Logia San Juan  
Ave 39 # 1207,  
entre 12 y 14  
Caibarien, Provincia Villaclara  
CP 52610 CUBA

October 2009

Just had a phone call the meds and book sent to the country Lodges have arrived.

October 13---- mailed.

I have just purchased: 3 x Littmann Stethoscope SKU: 90-319x Colour: Burgundy SKU: 90-3191 2 x Aneroid Sphygmomanometer SKU: 88-3010 Which will be sent to R.L. Redencion & R.L. Aurelio Miranda Alvarez Last week they were sent a Masonic Book written in Spanish. We have been asked by Brethren in Ciego de Avila , Cuba for vitamins and eye drops which we purchased this morning. And we had some aspirin on hand, all of which will be mailed have been mailed

September 2009

For many years Jose Maria Crespo has been purchasing and sending prescription drugs to our Brethren in Cuba. I have mailed an award to the Grand Lodge of Costa Rica, which they will present to him. Thank you Jose Maria.

We have a box full of hotel .shampoo, soap, lotions etc. which will shortly mail to Logia Humanidad, also four bottles of Ibuprofen.

We have made contact with two more Lodges [Thank You Manny]

1- R.L. Aurelio Miranda Alvarez, Address: Fernando Fuero # 14 entre Raoul Suarez y Pepe Antonio, Guanabacoa. Municipio Guanabacoa, Ciudad Habana CP 1110

2- R.L. Redencion Address: Avenida 27 # 1801 entre 18 y 20 Jaruco. Municipio de Jaruco, Prov Habana, CP32800

Gracias de Nuevo

And we have purchased a case of Multivitamins and a case of Ibuprofen which will be mailed to them in the morning.

August 2009 I had some prescriptions that I had not filled after I got out of the hospital. They were heavy duty diuretics. Those and hypos donated by Dr. Newbery have been sent to Logia Humanidad for Brother Garcia who is in desperate need of those diuretics.

August 2009

Received notification that all parcels sent to Logia Modestia Ciego de Avila, Cuba and Brother Prado have arrived safely.

[The twins with their Dad]

As many of you are aware that we sent a nebulizer. Machine for Asthma to Cuba for the twin boys seen above. I am pleased to report that since the machine has got there neither Alejandro Angelo and Alex Anthony have been hospitalized.

Once again thank you all.

March - July

We have mailed a large number of supplies to Cuba during this time. We however did not have access to the previous web site as I had retired as Editor of The Philalethes Society. Also we have sent Humanitarian Awards to the District Grand Lodge of Bahamas and Turks, and to the Grand Lodge of Newfoundland and Labrador. The Grand Masters Charity for the Grand Lodge of Newfoundland and Labrador is Masonic Relief for Cuba

March 10, 2009

Ellen and I went out today and purchased

1 case of multi-vitamins

1 case of extra strength Acetaminophen

1 case of Glucosamine, Chondroitin and MSM

And some Polysporin

Also ordered another Case of water purification tablets.

Which we will be sending to Gran Logia de Cuba, Logia Humanidad, and Logia Modestia in the next couple of days.

February 2009

A large number of parcels have reached Cuba, and I have mailed over 28 this month.

January 17, 2009

I have had a request from the GS of Cuba for Inspiration Compressor Nebulizer System. Which I have purchased, as well as a pediatric mask.

Also the balance of the first order of AquaTabs, which was back ordered has been shipped to me. They will be sent to Santiago de Cuba.

As for my health I have good days and bad days and for the last week and a half the good days have outweighed the bad days. I still get tired very easily and will have to have a bunch more tests done.

January 9, 2009

#### HUMANITARIAN AWARD

MASONIC RELIEF FOR CUBA, is pleased to announce that the 2008 Humanitarian Award has been awarded to

The District Grand Lodge of Jamaica And The Cayman Islands R. W. Afeef Lazarus District Grand Master This award is presented because of the aid and support of this District Grand Lodge.

December 12, 2008

I have just received 21 kilos of AquaTabs which Ellen and I will repackage and send to Cuba. We will send them via surface mail, due to the cost. Some will go to Santiago de Cuba, some to Ciego de Avila and the bulk of them will go to the Gran Logia de Cuba.

This morning I mailed via air mail a parcel of this AquaTabs to the Gran Logia. I have found the wholesaler of AquaTabs in Canada who is not only selling them to us at wholesale prices, but also without the cardboard packaging, which will cut down on the weight and therefore the cost of shipping.

December 2008

We have sent 4 parcels of water purification table to Cuba, and have just ordered an other large shipment of them for the Grand Lodge.

The latest hurrican that hit Cuba did the following damage.

Mason&rsquo;s Homes

Homes totally collapsed                      65

Homes with roofs blown off                70

Homes with roofs partially Collapsed	133
Lodge Buildings	
Lodges totally collapsed	1
Lodges partially collapsed	9

[Supplies sent to Logia Humadida]

November 2008

As some of you know October was a bad month for me. I spent about 20 days in ICU. I am now home. And I have mailed a large number of water purification tablets to Cuba. And I have place an other order for more. The second order will purify 30,000 gallons of water.

September 2008 In the last couple of days we have mailed via surface mail 37 parcels to Cuba.

September 2008

Friends of Ostomates Worldwide, Canada, Astrid Graham President has donated 161 boxes of colostomy products for the Gran Logia de Cuba. These 161 boxes came in 7 large cartons.

Ellen and I will be repackaging them into 2 kilo parcels which we will mail to the Gran Logia de Cuba, care of William Rojas Aguilar, Grand Secretary.

We thank Friends of Ostomates Worldwide, Canada for their most generous donation.

I have also just purchased \$400.00 [wholesale price] of vitamins and acetaminophen. Which we will be packaging and sending to Logia Humanidad Santiago de Cuba and to Logia Modestia Ciego de Avila.

[Medical Team Santigo de Cuba]

September 2008

We have had a request from the Grand Secretary of the Gran Logia de Cuba, R. W. William Rojas Aguilar, for more Colostomy Bags. Yet once again Friends of Ostomates Worldwide Canada has come to our aid. I will be travelling to Ottawa to pick up the supplies and send them to Gran Logia.

June 2008

Most of our packages have now arrived in Cuba. We have lost one, but it was not medical supplies but rather a gift for a Mason there.

The latest eyeglasses have arrived safe and sound.

We have received a request for catheters which Jim Hudson has filled. And I also have some coming. The request was from the GS for a Brother with Prostate Cancer.

Please feel free to share these updates with anyone that would be interested.

May 2008

It as been 10 years since I started little program. we have helped two lodges which have medical committees [clinics] and the Masonic Home for the Aged. And many indiividual Masons and their families. Yesterday I have asked the Grand Secretary of Cuba for help in expanding this program which the addition of two more Lodges.

April 2008

We have sent a large number of meds and vitamens to our contacts in Cuba, The Gran Logia de Cuba, Logia Humanidad and Logia Modestia.

February 2008

I have been remiss in not keeping this update up to date. In December we sent a large number of parcels to Cuba. Included were some small gifts for the wives of those use help us in Cuba. In February we have sent braces, and specialized meds to two Brothers in need.

November 22, 2007

I have just sent 3 more parcels to our Brethren in Cuba.

November 3, 2007

I have prepared 4 more parcels of meds to be sent on Monday to our Brethren in Cuba

October 26, 2007

I have sent 8 more parcels of meds to Cuba. And am having a pair of glasses made for a Brother in Santiago de Cuba.

October 23, 2007

This morning I sent via mail 15 parcels of Colostomy equipment including a large number of Colostomy Bags.

In Cuba those requiring this type of bag have to resort to garbage or plastic shopping bags taped to their wound for drainage.

Tomorrow I will be sending 10 more parcels of sterile dressings and sterile catheters and sterile gloves etc. All of the above was donated by The Grahams of Ottawa who are very involved in Friends of Ostomates Worldwide.

SEPTEMBER 2007 In the last few months where have continued to send medical supplies, drugs, [both prescription and non-prescription] to Cuba.

We have supplied the two clinics with good quality stethoscopes, [Littmann Classic II S.E.] and sphymomanometers. Each got 2 of each. This month we sent 2 more stethoscopes and 2 sphymomanometers for use in Lansó National

Masonic Home. We have also sent approx. 100 pounds of vitamins and Acetaminophen. We have also had filled a number of prescription drugs.

It appears that I am not as competent with this new format and it appears I have lost most of the other updates that I posted.

May 2006

Since its conception The Masonic Relief for Cuba program has sent over 2500 lbs. of prescription, non-prescription drugs and medical paraphernalia to Logia Humanidad's little clinic for Masons and their families in Santiago, and to the Lansó Masonic Home for the Aged.

This year the program has been expanded to cover other Lodges in Cuba, which have been hosts to Canadian Brethren.

We also now have a second clinic at Logia Modestia Ciego de Avila .

Parcels of drugs have also been sent by Masons who are Medical Doctors living in Israel and Costa Rica. Individual Drug Prescriptions from Cuba are filled by Masons who are Medical Doctors in Costa Rica and then sent to Cuba.

We have also sent an electric wheel chair. And we have had 30 pairs of prescription eyeglasses made.